

Employability and Careers

PE

Skills You'll Gain from Studying PE

- Improves physical fitness
- Develops motor skills
- Teaches self-discipline
- Provides regular physical activity
- Can improve mental wellbeing
- Pupils understand their responsibility to maintain health and fitness
- Decision making.
- Learn how to accept responsibility
- Help your team mates.
- Learn to be a good role model
- Time management
- Show commitment

Potential Careers from Studying PE

PE Teacher, Sports Coach, Sports Science, Sports Psychologist, Nutritionist, Sports Journalist, Sports Development (Governing Bodies), Personal Trainer, Sports Photographer