

Kettlethorpe HIGH SCHOOL



Year 8 Choices

2024



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INTRODUCTION

Now you have had the opportunity to have the choices subjects explained to you, we are now requesting for you to make your provisional choices. An online form will be available on the school website until the deadline of **Friday 2nd February 2024**.

Each pupil needs to pick a **Humanities choice** - either History or Geography plus **2 other subjects** they would like to study in Years 9 - 11. The details of all the Key Stage 4 choice subjects we offer are in this booklet. Please make sure you read all the information given here. Your teachers will have also explained what these subjects are.

Choices Evening on **Thursday 21st March 2024** will give you and your parents/carers the opportunity to explore if you have chosen the correct subjects. If you decide you have made the wrong choices, you will have the opportunity to change your mind. We will ensure processes are in place for you to do this. If you cannot make the evening or have more questions, you can go to the Contact Us page on the school website and you can contact each department individually.

[Please read our FAQ for pupils.](#)

MAKING THE DECISION

A few things to remember when making your choices:

Listen carefully to the teachers presenting on the drop-down day.

- It is your decision. Do not make decisions based on the subjects your friends take in the hope you will stay in the same classes.
- Speak to others for advice and listen carefully to what they have to say. Try to speak to your older siblings, parents/carers, subject teachers, our Careers Advisors – **Mrs Sharkey and Mr Abson**.
- We do not select the groups on a 'first come, first served' basis. This means that you shouldn't rush to fill in the form. Take some time to consider what you want to do.
- Think about the subjects you are taking currently: what do you enjoy about them; where are your strengths and weaknesses; what do you think you are good at?

Don't worry if you don't yet know what you want to do later, our curriculum is designed to ensure that all pathways remain open to you. **Make sure that whatever you choose is something you think you will enjoy but above all that you will succeed in.** This will give you the best possible chance of succeeding in your later studies and career.

WHAT YOU NEED TO DO NEXT

Complete the online form which will be made available through the school website from **Thursday 18th January 2024** and will close on **Friday 2nd February 2024**.

A member of the Senior Leadership Team will interview you and make sure you have chosen correctly.

You and your parents will be invited to a Choices Evening on **Thursday 21st March 2024**. This will give you an opportunity to talk to your subject teachers to make sure you have chosen the correct subject. If you have changed your mind, the opportunity to change your subject choices will be available from **Friday 22nd March 2024 until Friday 12th April 2024**. This will be an online form which will be available to you through the school website.

CORE CURRICULUM SUBJECTS - these are compulsory

English	Which includes English Language and English Literature (2 GCSEs)
Mathematics	Mathematics (1 GCSE)
Science	<p>Separate Sciences (3 GCSEs in Biology, Chemistry and Physics) or Combined Science GCSE (1 qualification counting for 2 GCSEs)</p> <p>In Year 9, all pupils will study Science.</p> <p>Only at the end of Year 9, when pupils have been carefully assessed, will a decision be made with regards to a pupil being entered for Separate Sciences or Combined Science.</p>
Humanities	Either History or Geography (1 GCSE)
Language	French or Spanish (1 GCSE)
Physical Ed.	Non-examined core curriculum

A small number of pupils will have the opportunity to study an alternative curriculum which will support their literacy and numeracy skills.

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SUBJECTS (1 GCSE or equivalent)

Art & Design (Fine Art) - GCSE	p. 5
Art & Design (Graphic Communication) - GCSE	p. 6
Art & Design (Textile Design) - GCSE	p. 7
Business	p. 8
Citizenship - GCSE	p. 9
Computer Science - GCSE	p.10
Dance - GCSE	p.11
Design & Technology - GCSE	p.12
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Geography - GCSE	p.14
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Hospitality & Catering - Vocational Award	p.16
ICT Creative iMedia - Cambridge National	p.17
Media Studies - GCSE	p.18
Music - GCSE	p.19
Outdoor Pursuits - Cambridge National	p.20
Physical Education - GCSE	p.21
Religious Studies - GCSE	p.22
Sport Studies - Cambridge National	p.23

Deadline for submission: Friday 2nd February



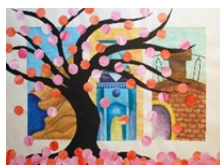
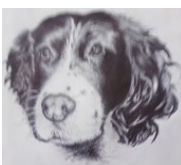
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This art course consists of experiences in a range of processes, media, materials and techniques suited to the pupil's skills, interests and abilities. Pupils will develop an understanding of fine art through practical activities and evaluating their own work and the work of contemporary artists and others from different times, cultures and traditions.

The course includes work from one or more areas of drawing, painting, mixed media, lens-based media, collage and sculpture.



Course Requirements

Homework is set regularly and is an essential part of the pupil's portfolio and exam preparation. Pupils are expected to spend at least an hour per week of their own time on a set drawing or investigation assignment.

Other Details

Art is a highly successful subject at Kettlethorpe High School, consistently gaining 7, 8 and 9 grades for half of those taking the subject. Pupils have successfully applied for and completed art courses at Leeds university of art.

Assessment

Pupils complete a portfolio of work that covers various skills, techniques and artist styles in three areas: still life, portrait and landscape. This is 60% of the overall GCSE marks. As well as the controlled assessment detailed above, there is an externally set task that allows several weeks to complete the preparatory studies. The pupils then have ten hours under supervised conditions to complete their final artwork. This is worth 40% of the overall mark.

Further Information

Please contact **Ms Sankey** for any further details. Use the Contact Us page on the school website.

***Please note** pupils can take **only one** of Art & Design (Fine Art), Art & Design (Textile Design) or Art & Design (Graphic Communication) GCSEs.



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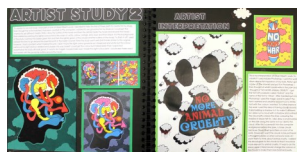
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Art & Design (Graphic Communication)

AQA

This is an art-based graphics course that allows pupils to produce 2D and 3D artwork using a variety of graphic/art techniques including drawing, printing, photography, computer design and painting. Pupils will use varied media and materials, for example: pencil, pen and ink, pen and wash, crayon, and other graphic media; watercolour, gouache and acrylic paint; digital media; printmaking and mixed media.

This course is aimed at pupils who enjoy art and design and want to develop their skills and interests further. This GCSE could lead onto further studying graphic design, 3D design, fine art, interior design, photography and media.



Course Requirements

Homework is set regularly and is an essential part of the pupil's portfolio and examination preparation. Pupils are expected to spend at least one hour per week of their own time on a set drawing or investigation assignment.

Assessment

Pupils complete a portfolio of work that covers various art skills, art techniques and graphic artist styles. These will be in the form of assignments and design briefs covering areas including: logo design, poster and leaflet design, illustration and advertising. This is 60% of the overall GCSE marks.

As well as the controlled assessment, there is an externally set task that allows several weeks to complete the preparatory studies. Pupils then have ten hours under supervised conditions to complete their final project. This is worth 40% of the overall mark.

Further Information

Please contact **Ms Stephenson** for any further details. Use the Contact Us page on the school website.

***Please note** pupils can take **only one** of Art & Design (Fine Art), Art & Design (Textile Design) or Art & Design (Graphic Communication) GCSEs.

This is an art-based textiles course that allows pupils to produce 2D and 3D textiles artwork using a variety of textiles techniques, including embroidery, printing, dyeing, weaving, felting, applique, free motion embroidery, sublimation printing, heat transfer, as well as mixed media. Pupils will also study textile artists and produce artwork using other more unconventional materials such as papers, found objects, wire, recycled materials, as well as draw and record ideas.

This course is aimed at pupils who enjoy design and textiles, and want to develop their skills further. This GCSE could lead onto studying fashion, textiles, 3D Design, fine art, interior design, photography and media.



Course Requirements

Pupils need to be able to work independently at home to complete homework and refine and develop classwork in personal portfolios (sketchbooks). Catch up workshops are available after school.

Other Details

Textiles is a highly successful subject at Kettlethorpe High School. Pupils will be offered the opportunity to investigate textiles artwork on location at the Knitting and Stitching Show in Harrogate. They will also have the opportunity to work with invited artists who lead workshops at school.

Assessment

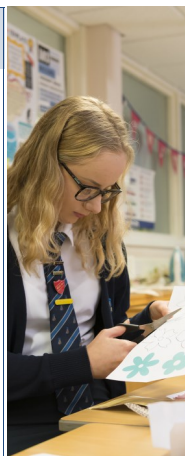
Pupils are assessed by :

- **personal portfolio** (60% of the final grade) - created using textiles techniques and fabrics and presented with annotation.
- **externally set exam** (40% of the final grade) - an externally set exam in Year 11, where pupils will produce work in response to a chosen brief, carried out in a preparatory period before producing a final piece in 10 hours in exam conditions.

Further Information

Please contact **Mrs Gidney** for any further details. Use the Contact Us page on the school website.

***Please note** pupils can take **only one** of Art & Design (Fine Art), Art & Design (Textile Design) or Art & Design (Graphic Communication) GCSEs.





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Business

Edexcel

Business is a qualification that is engaging and inspiring, and which reflects the demands of a truly modern and evolving business environment – a qualification that enables pupils to develop as commercially minded and enterprising individuals and helps them to succeed in their chosen pathway. The Business course is intended to introduce pupils to the full scope of the subject from the start. The programme of study in each year at KS4 incorporates a variety of topics, theories and practical applications and is planned for progression of skills, knowledge and understanding. There are certain focuses within the Business curriculum; the role of business, the role of the customer and the role of the employee. All aspects have a direct impact on the individual pupil and their ability to successfully thrive and positively contribute to the growing economic and politically fuelled world we live in. Pupils are challenged to consider not just the academic elements required but also the ethical and moral aspects of Business.

Course Requirements

This introduction is both challenging and engaging. The subject would be best suited to those students who enjoy solving problems and using their research skills. Pupils are encouraged to be curious and question the world around them as potential employers, employees and consumers. Sustainability, ethics, globalisation and environmental issues are explored in a safe, discussion based forum. Pupils are taught how to analyse different scenarios and discern information and support opinions

Assessment

There are 2 main themes the course focuses on, each with 5 individual topics. There are two exams in the summer of Year 11 and each exam is based on a different theme

Theme 1: Investigating small business

Theme 2: Building a business

Further Information

Please contact **Mrs Howell** for any further details. Use the Contact Us page on the school website.

Citizenship is the only subject on the national curriculum which teaches how politics, democracy, the economy and the law work – all essential skills in a democratic society. Citizenship skills build pupils' confidence as they tackle new challenges in the real world and gain soft skills such as communication skills, team work and negotiation skills which are useful to any employer.

Pupils will also experience taking citizenship action and learn from trying to make a difference themselves.

The course covers 5 themes:

1. Living together in the UK
2. Democracy at work in the UK
3. How the law works
4. Power and influence
5. Active Citizenship action

This GCSE could lead onto studying criminology, law, politics at A-level.

Course Requirements

Pupils need to be keen to share their viewpoints on a variety of topics including crime, law, equality, immigration, and human rights. It is helpful if they have an interest in current affairs.

It is essential that pupils are **able to form and express their opinions** in class debates, small group work and written work. The course is debate driven.

Other Details

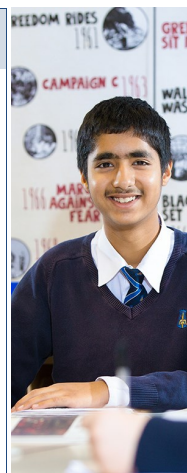
Citizenship adds a unique opportunity for pupils to study a subject which looks at the world around us and how the systems in place inter-relate.

Assessment

This course is assessed by two written exams (1 hour 45 mins each) worth 50% each of the pupil's grade. Both exams check pupils' knowledge and understanding of the 5 themes mentioned above.

Further Information

Please contact **Ms Hawes** for any further details. Use the Contact Us page on the school website.



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Computer Science

OCR GCSE

The course will give learners an in-depth understanding of how computer technology works. Learners will no doubt be familiar with the use of computers and other related technology from their other subjects and elsewhere.

The course provides excellent preparation for higher study and employment in the field of computer science. The increasing importance of computing means there will be a growing demand for professionals who are qualified in this area.

Course Requirements

Ideally, pupils should be comfortable with maths and have a target grade of a 5 or more. Homework is set regularly across a variety of platforms available to us including Seneca Learning, GCSE POD and Smart:Revise. These are incredibly important to the course and are an essential part of the examination preparation process.

Other Details

Computer Science is part of the EBACC and is considered a high value qualification. It is increasingly relevant to the modern, changing world of computing and is designed to boost computing skills essential to the 21st century.

Computer Science is a complex course and requires a variety of skills to fully access the entire curriculum. You must be dedicated and have resilience to apply problem solving techniques to programming scenarios and algorithms.

Assessment

This course is made up of two units, which are both worth 50% each. Unit 1 is a traditional, paper-based assessment which covers five main topics of Computational Thinking, Data, Computers, Networks and Issues. Unit 2 is a computer-based programming assessment which comprises of six compulsory questions that are practical in nature and require students to design, write, test and refine programs in order to solve problems.

Exam and practical exam will be completed in May/June of Year 11.

Further Information

Please contact [Mrs Howell](#) for any further details. Use the Contact Us page on the school website.



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The GCSE dance course incorporates aspects of performance, choreography and dance appreciation. Pupils will have the opportunity to develop their performance skills in a range of different dance styles, as well as their choreographic skills and their ability to respond to different stimuli.

Pupils have the opportunity to study six professional dance pieces, which are performed by some of the UK's leading dance companies including Rambert, Phoenix Dance Theatre and Boy Blue Entertainment.

Course Requirements

A high level of commitment is required for both theoretical and practical components of the course.

Pupils need to be prepared to put in rehearsal time after school when practical assessments are approaching.

Assessment

This qualification is assessed by a 40% written examination and 60% practical based work which is completed and performed under controlled conditions.

Written exam - Dance Appreciation (worth 40% GCSE mark)

Pupils will be examined on the knowledge and understanding of choreographic processes and performance skills; critical appreciation of own work; critical appreciation of professional works.

This exam is 1hr 30 mins.

Practical work - Performance and Choreography (worth 60% GCSE mark)

Performance 1: Solo performance of two set phrases

Performance 2: Duet/trio performance

Solo or group choreography – pupils learn how to respond creatively to an externally set stimulus and choreograph their own dance piece (this can be a solo or a group dance with up to five dancers).

Please note, the style required for GCSE dance is contemporary.

Further Information

Please contact [Miss Mills](#) for any further details. Use the Contact Us page on the school website.





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Design & Technology

AQA

GCSE Design and Technology is about being creative and being a problem solver, demonstrating the skills in practical aspects. The subject allows to focus the projects around pupil's strengths giving them the choice of combining graphics, electronics and DT.

During the course pupils will create products which will require a variety of skills, including wood and plastic work, CAD CAM, 3D printing and electronics. Learning these skills will allow for an informed decision upon which Year 11 project should be chosen from a selection given by the exam board.

Year 11 coursework makes up 50% of the final GCSE grade. The focus is on the design and make of a product of the pupil's choice. This can combine areas from graphics, electronics and DT. The second 50% of the course will be exam based, testing the knowledge and skills that have been acquired during the whole course.

Course Requirements

Materials are provided by school and no specialist equipment is needed at home as most of the practical work is done in school.

Homework is set regularly and is an essential part of the Year 11 project work and examination preparation.

Pupils are also expected to spend some time in the workshop manufacturing their products in after school workshops.

Assessment

Controlled assessment in Year 11 (worth 50% of the final GCSE grade) will be selected by the pupil from a list of products provided by the examination board (AQA) towards the end of Year 10.

Pupils can select which area of Design & Technology they wish to integrate into their project, this allows scope for interesting products.

A written final exam (worth 50% of the final grade) will be taken in Year 11.

Further Information

Please contact [Mr Vare](#) or [Mr Hugill](#) for any further details. Use the Contact Us page on the school website.

The course is split into three units:

Unit 1 - Understanding Drama (40% of final mark)

Written exam: 1 hour and 45 minutes

Unit 2 - Devising Drama (10% practical, 30% written assessment)

Explores the process of creating devised drama: performance of devised drama (pupils may contribute as performer or designer) and analysis and evaluation of own work.

Unit 3 - Texts in Practice (practical) (20% of final mark)

Performance of two extracts from one play (pupils may contribute as performer or designer).

Course Requirements

Background research into a live production will be required to enhance pupils' knowledge and understanding of a theatre performance.

Pupils will also need to be prepared to put in rehearsal time after school when practical assessments are approaching.

For performers in this course, you will need excellent memory retention skills. You need to be able to recite pages of script off by heart.

Please note you will be working in groups during this course and must be prepared to give time to help each other. Excellent attendance is essential in order to be fair to your group members.

Other Details

All pupils have the opportunity to devise drama, explore texts practically and work on two text based performances.

The course ensures continuity for pupils progressing from GCSE Drama to AS and A level Drama and Theatre.

30% of course is practical drama, 70% is written work, similar to English Literature. This would suit pupils who are **confident in English Literature**.

Assessment

Unit 1 and 2 are internally assessed and externally moderated. Unit 3 is assessed by an external examiner.

Further Information

Please contact **Miss Bowers or Miss Ibbotson** for any further details. Use the Contact Us page on the school website.



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This exciting course is based on a balanced framework of physical and human geography. It allows pupils to investigate the link between the two themes, and examine the battle between the man-made and natural worlds.

We have developed a range of resources to accompany the course and topics include:

- Natural hazards including volcanoes, earthquakes and weather hazards such as tropical storms;
- Living world, including tropical rainforests and cold environments;
- Physical landscapes including coasts and rivers;
- Urban issues and challenges;
- The changing economic world;
- Managing resources e.g. energy.

Course Requirements

An interest in Geography and an aptitude towards independent learning is essential. It will be of interest to pupils who excel in science or maths or have an active interest in the great outdoors.

Large sections of the course will be relevant to pupils with interest in business, finance or management.

Other Details

All pupils are taken on two field trips. Last year all pupils visited a local windfarm, to see how the sustainable energy affects the built environment, and completed a river study in North Yorkshire.

Assessment

There are three exams at the end of this AQA course:

Paper 1 1hr 30 minutes 35% of the marks - Physical Geography topics

Paper 2 1hr 30 minutes 35% of the mark - Human Geography topics

Paper 3 1hr 30 minutes 30% of the mark - Questions relating to the activities completed on the Year 10 geography trips, and a booklet of information made available 12 weeks before the end of the course.

Further Information

Please contact [Mr Stephenson](#) for any further details. Use the Contact Us page on the school website.



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The course is the Pearson Edexcel GCSE History.

It uses an enquiry/skills-based approach, assessing problem solving, interpretation of evidence and historical knowledge.

There are four study areas:

- American West: 1830-95 (study in depth - world history)
- USA at Home and Abroad: 1954-1975 (skills/source study of modern history)
- Elizabethan England: 1558-1588 (study in depth - British history)
- Medicine Through Time: 1250 - now (present day) and The Western Front (1914-1918) (study of change over time - world history)

Course Requirements

A genuine interest in history as well as the ability to complete tasks according to set deadlines are essential.

Other Details

Visit to the Western Front (residential) - as part of the historical environment unit. Pupils are able to experience life in the trenches and see first-hand surgical equipment and methods used to deal with injured soldiers.

There are several careers that are traditionally associated with history qualification such as law, education, politics, as well as careers in the police force, the civil service or in journalism.

Assessment

Paper 1 - Historic Environment and Medicine Through Time

Paper 2 - American West and Early Elizabethan England

Paper 3 - The USA 1954-75

Marks are also awarded for spelling, punctuation and grammar within Paper 1 and Paper 3. All papers are taken at the end of Year 11.

Further Information

Please contact [Miss Smith](#) for any further details. Use the Contact Us page on the school website.



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Hospitality & Catering

WJEC Technical Award

This course has an emphasis on practical skills and in mastering all aspects of food preparation, cooking and presentation of dishes. Practical skills include all aspects of pastry, cake and bread making, as well as pasta making. Pupils will learn about issues related to nutrition and food safety and how they affect successful hospitality and catering operations. In this qualification, pupils also develop transferable skills of problem solving, organisation and time management, planning and communication.

Course Requirements

Pupils should expect to be cooking nearly every week, so ingredients will be needed from home whilst some on occasions will be provided by school, according to the nature of the practical. Pupils will need to be organised and expected to bring these ingredients as and when required and they must take responsibility for finding out what is required each week. A variety of containers would be helpful to have in order to bring ingredients to school and take the finished products home in. All pupils during practical lessons are expected to tie up long hair, not be wearing nail polish or false nails.

Other Details

You need to enjoy preparing food as there will be a lot of practical work! Be prepared to widen your learning outside the classroom by watching TV shows such as *Great British Bake Off* and *Masterchef* and finding out about current food issues in the media. Try and cook at home as often as you can to build up confidence and reinforce practical skills learnt.

Assessment

Unit 1: Hospitality and Catering Industry - written exam worth 40% of the final grade. Externally assessed.

Unit 2: Hospitality and Catering in action - controlled assessment worth 60% of the final grade, internally assessed including a 3 hour practical exam.

Controlled assessment tasks are worth 60% of the final grade and include a 3-hour practical exam where pupils are expected to plan, make and present a 2 course meal with accompaniments. There is also a written element to the controlled assessment and pupils need to be aware that this will be carried out in timed examination conditions.

Further Information

Please contact [Mrs George](#) for any further details. Use the Contact Us page on the school website.

This course equips pupils with a range of knowledge and skills needed to work in the creative digital media sector. Pupils develop their skills through practical assignments as they create multimedia products. This qualification is widely recognised by employers.

There are **two** mandatory units:

Creative iMedia in the media industry (R093) - This unit investigates the sectors, products and job roles that form the media industry. It explores legal and ethical issues and the processes used to plan and create digital media products. It identifies how media codes are used within the creation of media products to convey meaning, create impact and engage audiences.

Visual identity and digital graphics(R094) - This unit explores how to develop visual identities for clients and how to apply the concepts of graphic design to create original digital graphics. These graphics will incorporate visual identities used to engage a target audience.

Pupils will then complete a further Non-Examined Assessment (NEA) which will be choose depending on the interests of the group.

Course Requirements

A sound comprehension of digital literacy and Adobe Photoshop skills are desired.

Assessment

R093 is a written paper and is worth 40% of the final grade. This is based on the **“Creative iMedia in the media industry”**. It is externally assessed and is taken in Year 11.

The Non-Examined Assessment (NEA) is worth 60% of the final grade and is based on two units. The compulsory unit is **“Visual identity and digital graphics”** this includes a 10-hour controlled assessment task. This unit is worth 25% of the final grade and will be taken in Year 10. The other optional unit will be taken in Year 11 and includes a 12-hour controlled assessment task that is worth 35% of the final grade.

Further Information

Please contact [Mrs Howell](#) for any further details. Use the Contact Us page on the school website.





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GCSE Media Studies allows pupils to understand the role of the media in daily life. It combines the critical study of the media industry and the analysis of pieces of media with practical production. The following forms are studied in depth: newspapers, television, music video and online, social and participatory media.

There are a number of exciting careers in media: in advertising, the press, TV or radio industries or maybe in an area of the media that will be completely new by the time pupils enter the world of work. This course will enable them to find out more about the opportunities in the media industry before taking other qualifications.

Course Requirements

Pupils will analyse media products regularly so being able to express their opinions and ideas confidently both orally and written would be beneficial.

In the controlled assignment pupils will have to develop a response to their chosen brief by creating a product aimed at the specified audience. They will also have to submit research and planning materials.

Other Details

At school pupils have access to the full Adobe products, Green Screen technology as well as a full assortment of audio-visual equipment and video editing software.

Assessment

Pupils are assessed through:

- an internally assessed controlled assignment (worth 30% of their final grade) and
- 2 exams taken in Year 11 (worth 70% of their final mark). Exam board for this course is Eduqas.

Throughout the course, pupils will complete regular homework tasks which will help them develop their ability to answer exam based questions.

Further Information

Please contact **Mrs Howell** for any further details. Use the Contact Us page on the school website.

The core content of this course is as follows:

- Understanding music (40%)
- Performing music (30%)
- Composing music (30%)

Course Requirements

Pupils **must be able to sing or perform on an instrument**. The highest grades can only be achieved if pupils have reached at least instrumental grade 4 ABRSM, or Rock School equivalent standard by Year 11.

The ability to read music is a huge advantage in all areas of the course.

Other Details

At school pupils have access to practice rooms; specialised rehearsal spaces equipped with a drum kit, electric guitars, bass guitars, and a whole range of acoustic and orchestral instruments.

Pupils are encouraged to become involved in our musical community by participating in our extra-curricular clubs, concerts and assemblies.

Assessment

Pupils are assessed by one externally assessed written exam in Year 11 (worth 40% of the final mark) as well as two performances - one solo and one in an ensemble – which are marked by teacher and are worth 30% of the final grade.

Controlled assessment comprises two **individually** done compositions which together are 30% of the total marks. Guidance can be given by your teacher, and composition lessons in groups during Year 9 prepare you for this.

Exam board for this course is AQA.

Further Information

Please contact **Ms Bebbington-Slater** or **Mr Griffiths** for any further details. Use the Contact Us page on the school website.





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Outdoor Pursuits

OCR Cambridge National

This course is split into 3 units, comprising of theoretical and practical elements:

- 2 non-examined units:
 - Performance and Leadership in Sports Activities
 - Increasing Awareness of Outdoor Activities
- 1 examined unit:
 - Contemporary Issues in Sport.

Practically, pupils will be assessed on their Rock Climbing ability, leading a Rock Climbing session to the members of their group, and skills and knowledge used on day walks and overnight camps in the Peak District.

Course requirements

It is vital that pupils choosing Outdoor Pursuits have an interest in Outdoor Activities and are willing to try new things. As a lot of activities are off site, pupils will have to be trustworthy and mature in order for them to be successful.

An interest in Outdoor Activities and a high level of commitment are essential. The understanding, too, that a high proportion of the course is classroom/theory based. Full PE kit is essential for all practical lessons.

Assessment

Contemporary Issues in Sport unit (worth 40% of the final grade) is externally examined. Pupils will sit this exam at the end of Year 11.

The 2 non-examined units are assessed through coursework assignments, where pupils will work independently on tasks and will have to meet deadlines for work.

As part of the controlled assessment, pupils must reflect on their own practice in Rock Climbing, explaining their strengths and areas for improvement, as well as during their planning and leading of a Rock Climbing session.

Further Information

Please contact the **PE Department** for any further details. Use the Contact Us page on the school website.

***Please note** that pupils can take **only one** of Physical Education GCSE, Outdoor Pursuits Cambridge National or Sports Studies Cambridge National.

This course is split into both theory (70%) and practical (30%) assessments. The theoretical aspects of the course are designed to develop a pupil's knowledge and understanding of factors around performance and participation in sport. The theory specification covers such topics as: healthy and active lifestyles, influences, exercise and fitness, your personal well-being, psychology of sport, cardiovascular system, respiratory system, muscular system, skeletal system. These components of the course will be assessed through two exams at the end of Year 11.

The practical element of the course will see pupils take part in a range of team and individual activities in lessons. However, pupils can also be assessed in activities they do outside of school. Previous assessments have included Golf, Skiing, Horse Riding and Cycling. Pupils will be assessed in three activities for their GCSE of which one must be a team and one must be an individual activity.

Course Requirements

An interest in sport, a high level of commitment and a positive attitude for all aspects is essential for the course. The understanding, too, that a high proportion of the course is classroom/theory based.

For all practical lessons/assessment pupils must always bring and be in full PE kit.

Assessment

The theory element is assessed through two exam papers in Year 11 and the piece of controlled assessment to improve fitness levels.

For the controlled assessment pupils must plan, carry out and then deliver a personal exercise programme. This will focus on an area of fitness a pupil will want to improve for their activity and then work towards improving it through a range of different methods. Pupils then have to evaluate how successful they were in meeting their goals.

Further Information

Please contact the **PE Department** for any further details. Use the Contact Us page on the school website.

***Please note** that pupils can take **only one** of Physical Education GCSE, Outdoor Pursuits Cambridge National or Sports Studies Cambridge National.



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Religious Studies

Edexcel GCSE

Pupils are following the Edexcel Religious Studies B GCSE. This course requires the study of Christianity and at least one other religion. Therefore pupils will study: Religion and Ethics in Christianity and Religion, Peace and Conflict in Islam.

Within each unit we will look at

- Beliefs in God (Christianity and Islam),
- Living a religious life (Christianity and Islam),
- Marriage and Family (Christianity),
- Matters of Life and Death (Christianity),
- Crime and Punishment (Islam)
- Peace and Conflict (Islam).

The course enables learners to adopt an enquiring, critical and reflective approach to the study of religion, explore religions and beliefs, reflect on fundamental questions, engage with them intellectually and develop their own values, opinions and attitudes in light of their learning.

Course Requirements

Good literacy skills are essential.

Other Details

The course caters for candidates of any religious persuasion or none. The main requirements are enthusiasm for Religious Studies and a determination to work hard throughout the course.

In the past we have also found that this course is generally better suited to pupils who **have strong literacy skills**.

Assessment

Pupils will be assessed by two exams at the end of Year 11, each 1 hour 45mins long.

In the assessment, pupils will be expected to give reasons for religious beliefs and practices, and to evaluate statements about the topics that we have covered.

Further Information

Please get in touch with [Miss Miles](#), [Mr Fitzsimons](#) or [Mr Wymer](#) for any further details. Use the Contact Us page on the school website.

This course is split into 3 units, comprising of theoretical and practical elements:

- 2 non-examined units:
 - Performance and Leadership in Sports Activities
 - Increasing awareness of Outdoor Activities
- 1 examined unit:
 - Contemporary Issues in Sport.

Practically, pupils will be assessed on their sporting ability in two sporting activities. Additionally, they will also have to successfully lead a planned activity session to the rest of their group.

Course Requirements

An interest in sport and a high level of commitment for all aspects is essential for the course. The understanding, too, that a high proportion of the course is classroom/theory based. For all practical lessons/assessments pupils must always bring and be in full PE kit. As some activities are off-site, pupils will have to be trustworthy and mature in order for them to be successful.

Assessment

The assessments will be a combination of practical controlled assignments, internally set tasks and a formal examination.

Contemporary Issues in Sport unit (worth 40% of the final grade) is externally examined. Pupils will sit this exam in at the end of Year 11.

As part of the controlled assessment, pupils must reflect on their own practice, explaining their strengths and areas for improvement in a chosen sporting activity as well as during their planning and leading of a sporting activity. They will also have on going assessments during the two non-examined units.

Further Information

Please contact the [PE Department](#) for any further details. Use the Contact Us page on the school website.

***Please note** that pupils can take **only one** of Physical Education GCSE, Outdoor Pursuits Cambridge National or Sports Studies Cambridge National.



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We are kind. We are Kettlethorpe

We are **respectful**. We...

- > follow staff instructions first time, every time
- > use respectful language towards others
- > look after school property and the environment
- > respect everyone, regardless of their gender, race, religion, sexuality, physical appearance or ability
- > include everyone, even if their beliefs and ideas are different to our own
- > respect personal space, privacy and boundaries

We are **responsible**. We...

- > take full responsibility for our own actions
- > are ready to learn and prepared with equipment
- > follow the school uniform policy
- > are kind, supportive and compassionate
- > do not use derogatory language, harass or name call, or do things that hurt others
- > challenge those who discriminate, show disrespect and make fun of others

We are **resilient**. We...

- > never give up trying and take risks
- > are able to recover quickly from a setback
- > develop a positive attitude to learning
- > use staff feedback in order to improve
- > always strive to use kind words and actions and be the best version of ourselves

We are **reflective**. We...

- > are able to describe our progress
- > learn from feedback, experiences, feelings and responses and can analyse them
- > think about next steps and set targets in our learning
- > think about when we have used unkind words and actions and seek to improve where this has happened



Kettlethorpe
HIGH SCHOOL



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