

FIND US

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✉ Turning Point- Inspiring Futures
Families & Carers Service
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**TURNING
POINT**
inspired by possibility



What We Offer

Our Hidden Harm programme takes into account each individual's situation, age and experience. This means that we can assess what support and possible strategies we can put in place for each child. We do this by offering;

- Emotional support
- One to one sessions
- Signpost to other service
- Support from our Mental Health nurse from SWYT linked to CAMHS

How To Make a Referral

To make a referral over the phone:

0300 123 1912 and select option 2.

You can request a referral form via email at:

Wakefield-IF@turning-point.co.uk

INSPIRING FUTURES

Hidden Harm





- There could also be changes in behaviours such as:
- Becoming unusually withdrawn, aggression and increasingly argumentative
 - Sudden disrespectful attitude to others
 - Become overly demanding to gain attention
 - Overly compliant
 - Excessively vigilant
 - Seeking approval or affirmation constantly
 - Poor social relationships, difficulty mixing, compounded by isolation
 - Taking unhealthy risks, including with drugs/alcohol/solvents
 - Secretive
 - Concerns about the individual's social media and internet usage
 - Associating with groups or people that cause concern
 - Change in friendship groups and appearance due to new influences, gang-association

About Our Service

Our service is free and confidential to children and young adults who may be living in a household with someone who is experiencing drug and alcohol issues.

We understand that children and young adults whom live in these environments may feel alone and isolated, and feel they have no one to talk to. Our service, works holistically with families to listen, support and offer relevant advice and information.

We tailor make our Hidden Harm programme to each individual's needs, taking into account their own personal circumstances and age. We work with children within our Hidden Harm programme but can also work with young adults from 18+ in our Families and Carers service. We aim to link with all agencies involved with the child and will actively seek to make connections to each individual service so that we can support the child or young adult fully.

We can meet someone where they feel most comfortable such as home, school or a community hub.

We feel that is important that children and young adults know that they are not alone, they are not to blame, they are not betraying anyone by talking about it and they can still have a good life regardless of their family members continued drinking or drug taking and that there are people who can help them and that their opinions matter.

The aim of our Hidden Harm programme is to support the children and young person to gain an understanding of their loved ones substance misuse, give them an opportunity to build self-esteem, self worth and confidence. and support them to develop coping skills and strategies.

Encouragement to believe that they have choices and that they can take some control to make plans for their future and instilment of a sense of optimism.



Possible Indicators of Hidden Harm

- Poor school attendance or late arrival
- Unexplained or persistent school absences
- Unkempt/dirty/inadequate clothing
- Homework often incomplete or not done
- Often hungry
- Overly tired or poor concentration
- Not often achieving full potential academically/ or over achieving
- Maybe without money or lack of funds