Our service offers you a safe, confidential and non-judgemental place to talk about drugs and alcohol. We support you to look at the changes you want to make. Whether it's to cut down, quit, gain control, or just to learn more about the risks and effects of taking drugs and alcohol.

We work across the whole of Wakefield and can arrange appointments at a convenient time and location for you, Monday to Thursday, 9am–5pm and Friday, 9am-4:30pm.



There are many paths to a life free from the impacts of drink and drugs. With our support you'll find the path that's right for you.

GET IN TOUCH...

Email:
Wakefield-IF@turning-point.co.uk

Website:
www.turning-point.co.uk/services/wakefield-inspiring-futures

SCAN ME!

Social:
@TPInspiringFutures

WAKEFIELD INSPIRING FUTURES

What you can expect from Turning Point as a Young Person or Young Adult



SUPPORTING YOU

At Turning Point Wakefield Inspiring Futures, we offer information, advice and support around drugs and alcohol (substance use) for young people under 25 and their families.

We support you to make choices that feel right for you and to get help with any changes you may want to make. Our service is free, confidential and non-judgemental.

This information is about what we can offer you as a young person to keep you safe and well.



WHAT WE OFFER

Outreach Service

We don't have a fixed base, instead, we meet you in a place where you feel safe and comfortable. Whether that's at home, a relative's house, school, college, or another agreed space.

Advice

We provide simple, honest information about drugs and alcohol, with space to talk things through. Plus, reliable harm reduction information and resources to help keep you as safe as possible.

1-1 Support

One-to-one support where you can talk openly about drug or alcohol use, at your pace. We support you to make the choices that feel right for you.

Direction

We can help you to access other local services you may want to speak to. This could be around mental wellbeing support, education, and positive activities that will help you achieve your goals.

Family Support

Inspiring Families is a free, confidential Turning Point service offering one-to-one support, an online 5-Step programme, group workshops, and help for families and carers.
FamilyLine is a free helpline for adults (18+), offering support Monday–Friday, 9am–7pm, with a text crisis line outside these hours. Call 0808 802 6666 or text 07537 404282.

*Family action will refer anyone under 18 to the relevant services.